


# TRINITY CATHOLIC SCHOOL

## October 2009



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Italian Dunkers with dipping sauce, Herb spirals and Fruit	2. Taco, Walking Taco's or Chicken Fajita, meat, cheese, lettuce and tomatoes, Corn, Bread and Butter and Fruit
5. Pancakes, Blueberry Pancakes, Sausage, Juice and Fruit	6. Macaroni and Tomato Soup, Grilled Cheese, Bologna or Bologna and Cheese Sandwich and Fruit	7. Hamburg on a Roll, Corn or Hamburg Potato Corn Casserole, Bread and Butter and Fruit	8. Spaghetti with Meat Sauce, Green Beans, Bread and Butter, Fruit and Cookies <b>Share the Wisdom Day</b>	9. Turkey Gravy, Mashed Potatoes, Peas, Bread and Butter and Fruit
<b>12 No School Columbus Day</b>	13. Chicken Nuggets, Boiled Potatoes, Carrots, Bread and Butter and Fruit,	14. Nacho's with Cheese Sauce or Mozzarella Cheese Sticks, Fresh Veggies and Fruit	15. Hot Dog on a Roll, Vegetarian Beans and Fruit	<b>16. No School Staff Day</b>
19. Deli Works: Turkey, Ham or Bologna on a Roll, Cheese, Lettuce, Tomatoes, Potato Chips and Fruit	20. Ravioli or Mac and Cheese (Homemade or Box) Bread and Butter, Carrots and Fruit	21. French Toast, Sausage, Juice and Fruit	22. Macaroni and Tomato or Chicken Noodle Soup, Grilled Cheese, Ham or Ham and Cheese Sandwich, Fresh Veggies and Fruit	23. Chicken Patty on a Roll, Mashed Potatoes, Peas and Fruit
26. Cheese or Pepperoni and Cheese Pizza, Lettuce Salad and Fruit	27. Hot Dog on a Roll, Vegetarian Beans or Chili and Fruit	28. Spaghetti with Meat or Alfredo Sauce, Green Beans, Bread and Butter and Fruit	29. Chef Salad: Turkey or Ham, Sliced Cheese, Hard Boiled Egg, Assorted Greens, and Dinner Roll, or Grilled Cheese, Fresh Veggies and Fruit	30. Hamburg on a Roll, Rice Pilaf, Peas and Fruit <b>Happy Halloween</b> 

**BREAKFAST**  
\$.85 Reduced \$.25  
Served 7:15-8:40

**Monday:**  
Assorted Cereal, Breakfast Bar, Juice and Milk

**Tuesday:**  
Yogurt, Assorted Muffins, Juice and Milk

**Wednesday**  
Assorted Cereal, Toast, Peanut Butter, Jelly, Fruit and Juice

**Thursday**  
Assorted Cereal, English Muffin, Banana and Milk

**Friday**  
Yogurt, Graham Crackers, Juice and Milk